

Ocean Retreat

Beach Yoga



No experience necessary!!

Come relax and enjoy some fresh air and
Beautiful view at Lewes Beach!!

Please bring towel, bottle of water and comfy attire.

Time: 6:15, 45-60min

Date: Wednesday
Evenings, Starting 6/16

Place: Lewes Beach
Parking is FREE after 6pm!

Cost: \$10 per person



302-645-6868

210 Savannah Rd.

Lewes, DE 19958